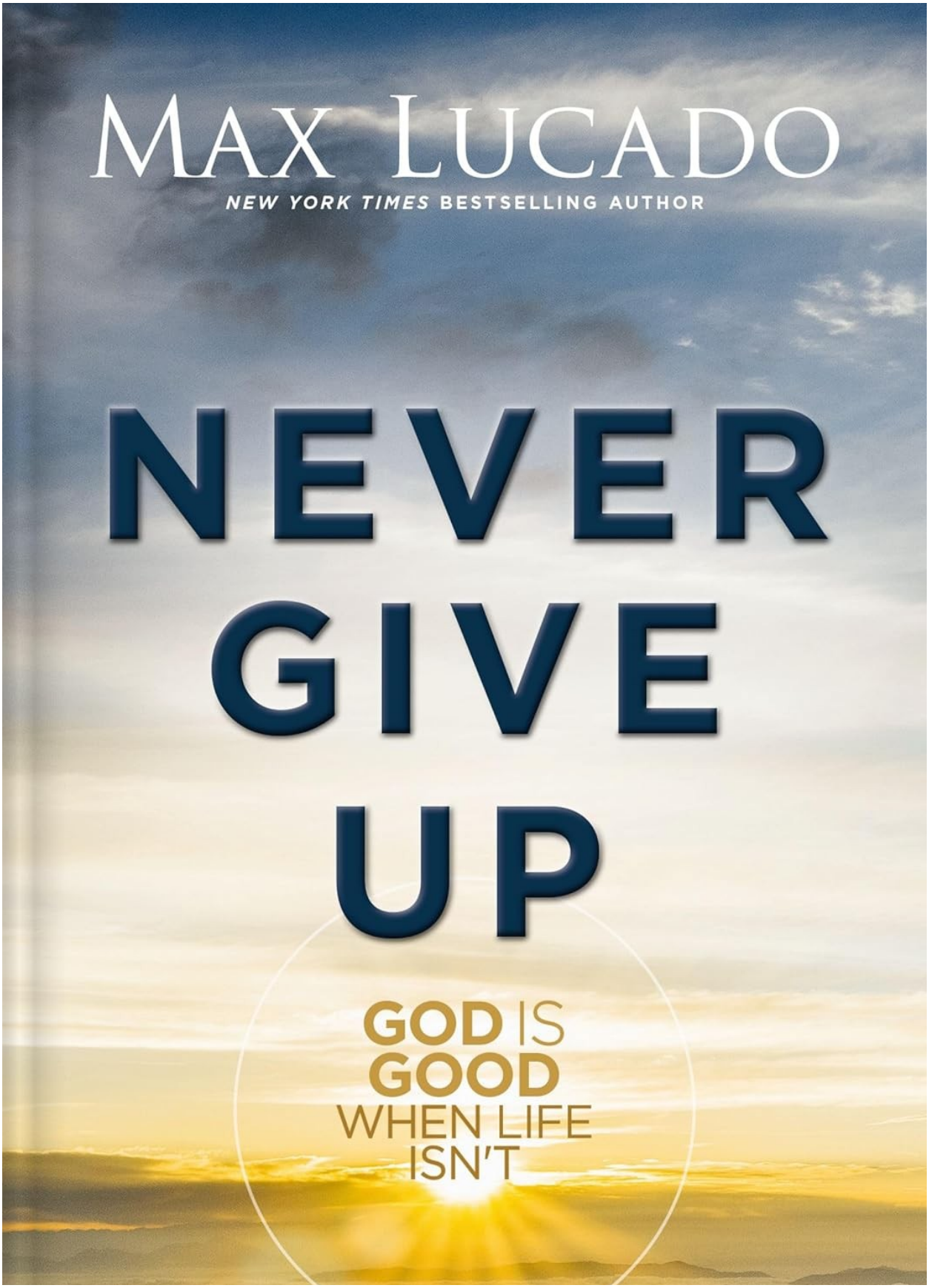
withness

Saniya


MAX LUCADO
NEW YORK TIMES BESTSELLING AUTHOR
NEVER GIVE UP
GOD IS GOOD WHEN LIFE ISN'T

# Book: never give up

Setting: turbat balochistan

Author: Saniya Wahid baksh

## Introduction

Life is a beautiful journey which is full of challenges and difficulties sometime we wins and sometime we losses but we should not give up. From the first moment when we born we were baby the life test us 100 time we failed it before we learn to walk. As a student we faced many challenges we failed the test we top in the class. As adults we faced heartbreak rejection, difficulties, and failure before we taste success. There is a one sentence which changes the lives of million people. “Never give up “. Today many people

saniya

achieved there goals they are doctor, teacher, nurse, engineer, scientist in the step they not achieve success failure came in their life but they never give up. Never give up is not just three words it is a mindset. It is a promise you make it yourself that no matter how hard thing get you should keep working hard. It means choosing working hard over give up it means choosing effort over excuses it means choosing believing that today's pain become tomorrow's power. History witnesses this again and again that the light bulb we use today exists Thomas Edision who was failed 1000 times but he never give up he believes today's pain can become tomorrow power today he is famous because of never giving up. We all have dreams. A dream to get success, to get a great job to create our own business but between of us in our dream stand a wall called difficulty. Most people see the wall and turn back but most

Sanjya

people who say never give up start looking for a door in that wall. They keeping working hard, keep fighting with difficulties, keep improving until the wall breaks. Giving up is too much easy it takes two second when you take this step one day you will regret in your life. Never give up teaches us this time we failed another time we will top.

Never give up is the key which takes us towards our success and which opens every locked door in our life.

Saniya

# CHAPTER 1

## WHAT DOES NEVER GIVE UP MEANS?

Never give up means to keep going even when life become hard, boring, or painful. Never give up does not means you will never fail. It means failure can come in your life but you should keep working hard if you will full down 7 time you get up 8 time. But always keep patience courage, and belief in yourself.

saniya

Sam

A person who never give up he or she believes today’s we face difficulties tomorrow can be better if they keep working. Everyone face problems in studies in work, in health in relationships most people give up they faced 2 or 3 problems. Many people are not success because of smartest they are the one who never give up. Never give up is important because success takes time just like a seed which takes time to be big our goals also take time effort and patience. Never give up is the first step of learning which helped us to achieved our goals and make our family pound. Never give up in your life because failure is not the end it’s feedback. Ask what did I learn? Stand up and try again with a new plan. Then you will go towards your success.

Saniya

# Chapter 1

## Why do people give up?

Giving up is very easy. That way’s most people give up. But this is not only the reason there are many reason behind it.

### 1: fear of failure

The biggest and main reason is this that most people give up because of fear. Fear of this what will people say. Most people if they faced 1 or 2 challenge or problem then they give up. They will be embarrassed. Instead of going ahead they think that we are not made for this not quit. When we fail something instead of trying we chose to safe and give up. Another reason is perfectionism if faced 1 problem we think we are not as perfect as other are and we delay we procrastinate and finally we give up.

Soniya

## 2: lack of patience

People always want quick result. If people do not see the success and one weak and one month they go to give up. They do not keep patience and they do not think that success takes time. Just like, a plant which take a month or a year to grow like this our goals take time. Because of impatience they give up too early before the success.

## 3: negative people and criticism

Sometime the people around us make us to give up. When we fail a test friend’s lough, family say you are not made for this. Society say you cannot do it.Because of these our mind will be close and we believe this that we can not do it and we go towards giving up.

Sanya

## 4q: Lack of motivation and clear goal

Most people give up because of motivation they will not be motived most people give up because of not having a clear goal they think we are doing something but why we are working hard we are doing something but why we are doing this. They stop doing this. After 10 times when it get hard, there’s no strong reason to continue so they give up. Without a why there is no how.

## 5: Too many problems and stress

Life is full of many problems. Health problem, family problem, study pressure. When too many problem come together we feel triad and hopeless. We think that we do not handle these problem we are tried and we give up.

People give up it means not they are weak. Most people give up because of fear. Impatience, stress, no goals negative people and many more.

Saniya

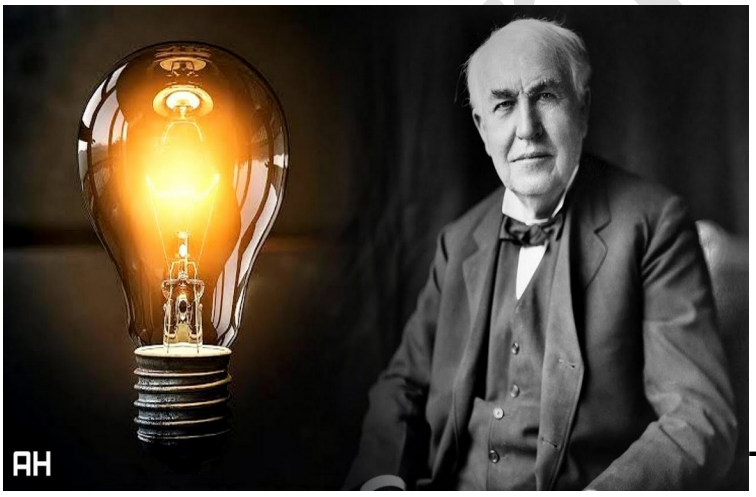
Saniya

# Chapter 3

# EXAMPLE OF NEVER GIVE UP

History real life and even small daily thing shows us what never give up looks like.

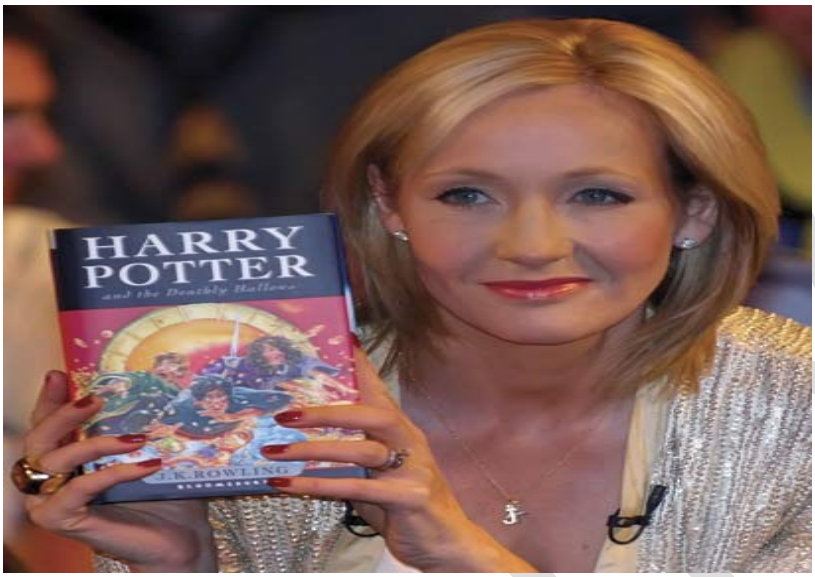
## 1: Thomas Edison




Thomas Edison is the inventor of light bulb who tried to make the electric bulb over 1000 times and failed. Reporters ask him, didn’t you feel bad after failing so many times. He smiled and said I didn’t failed 1000 times. The light bulb was an

invention with 1000 steps. He failed 1000 times but he never give up.

## 2: J.K Author of harry potten




Before harry potten become famous. J.K Rowling was jobless, poor, and a single mother. She wrote her first book and 12 publishers rejected it. She wrote many books the people would have quite throw the book but she keep working and today she become a famous writer.

## 3: A farmer and his field

If a farmer is there she or he grow a seed he or she will wait for 1 month or 1 year that when it will be big their main talent is this

Sahya

that they never give up. They believes that today it not grow tomorrow it can grow. Never give up does not means life will be easy it means you are stranger that your problems.

# Chapter 4

## How to never give up in life

1: Set a clear goals.

2: Work hard every day.

3: Learn from mistakes.

4: stay positive.

5: Fight with the challenges and difficulties.

6: Ask for help when needed.

7: Believes yourself

8: Build you support system.

9: take small steps not gain teaps.

10: Have a clear why.

Life is not about never falling down, it’s about choosing to get up every single time you do.

Saniya

Fear failure and tiredness, will comes but if you have a strong why” take small steps learn from mistake and keep going nothing can stop you.

Remember this:

Winner are not people who never failed, they are people who failed, got hurt and still tried again.

Saniya